



## Pre-Physical Therapy Preparation

**BIOLOGY** 

Physical therapists work with patients to regain mobility and strength after accidents or injuries. They work with people of all ages, in schools, nursing homes, and hospitals. Students should maintain a grade point average between 3.4-4.0, with a high Graduate Record Exam (GRE) score. Most programs also require 45+ experience hours in the field of healthcare (preferably physical therapy; either actual or through observation). Below are the requirements to be considered for admission to Doctor of Physical Therapy programs. Physical therapy schools do not favor any particular major. A major should be chosen **completely on the student's interests and goals.** Biology, neuroscience, exercise science or health science, with a psychology minor, are a few programs of study to consider. Most importantly, these schools are seeking individuals who are well-rounded in their educational background and applied experiences. More information about the profession can be found through the **American Physical Therapy Association: apta.org.** 

## **GENERAL REQUIREMENTS**

**FNGLISH** 

Additional coursework in humanities and social sciences is often required. Check with your destination program.

ENGLISH		DIOLOGI	
EN 110	Writing and Inquiry I	BI 101/L	Principles of Biology I w/Lab
EN 111	Writing and Inquiry II	BI 102/L	Principles of Biology II w/Lab
		BI 215/L	Human Anatomy & Phys. I w/Lab
CHEMISTRY		BI 216/L	Human Anatomy & Phys. II w/Lab
CH 103/L	General Chem. I w/Lab		
CH 104/L	General Chem. II w/Lab	<b>PSYCHOLOGY</b>	
		PY 211	Introduction to Psychology
MATH**		*PY 212	Abnormal Psychology
**MA 232	Elementary Statistics		
		PHYSICS	
<b>HEALTH &amp; HUN</b>	MAN PERFORMANCE*	PS 201/L or	General Physics I w/Lab
*HHPR 301 or	Physiology of Exercise	PS 211/L	University Physics I w/Lab
*HHPR 365	Kinesiology	PS 202/L or	General Physics II w/Lab
		PS 212/L	University Physics II w/Lab

Students should always consult the admission requirements for their focal schools. A list of physical therapy schools and their prerequisites can be found here: apta.org/your-career/careers-in-physical-therapy/pt-admissions-process.

<sup>\*</sup> Recommended. One or more of these courses are often required prerequisites for DPT programs.

<sup>\*\*</sup>Note: PT math requirements may vary. Check entry requirements at your destination program.